

التغذية عند الإنسان

جميع البحوث المدرسية جاهزة للطباعة و التحميل



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يتناول الإنسان غذاءا متنوعا

مصدره نباتي و حيواني

أغذية مصدرها نباتي

مثل الخبز و المربي و سلطة الخضراوات و زيت الزيتون
و الغلال و الأرز و الكسكسي



أغذية مصدرها حيواني

صفحة الفأيسوك



جميع البحوث المدرسية جاهزة للطباعة و التحميل

السّمك مثل السردينية و التّن

اللحوم مثل الدجاج و الخراف و البقر

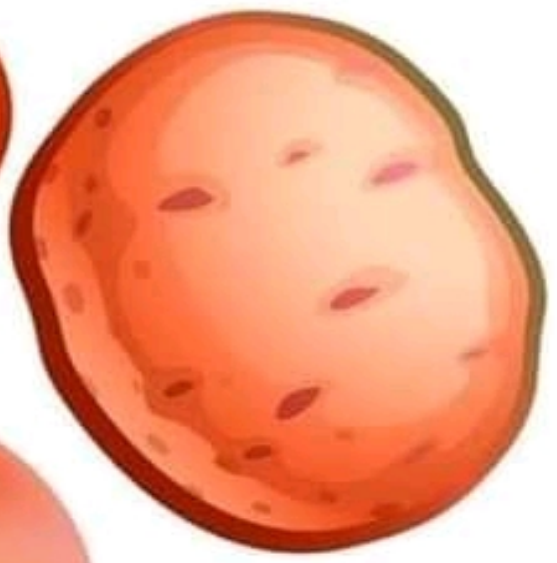
البيض





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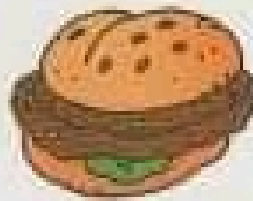


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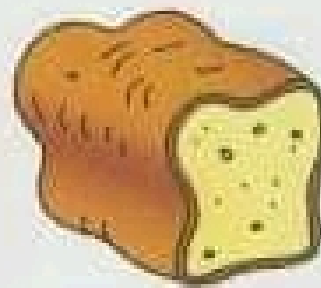




sandwich



hamburger



brood



vlees



worst



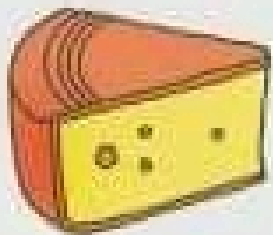
jam



chocopasta



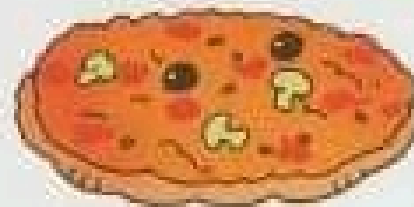
vis



kaas



yoghurt



pizza



snoepje



ei



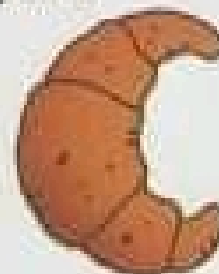
ijsje



koek



water



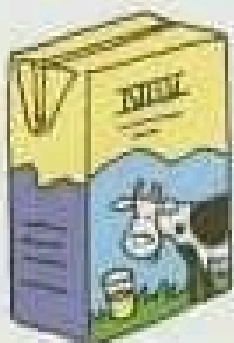
croissant



limonade



suikerklontje



melk



kwark



vissticks



vruchtensap

FOOD and DRINKS



MILK



ORANGE JUICE



WATER



COKE



CHICKEN



VEGETABLES



CHOCOLATE



ICE CREAM



PIZZA



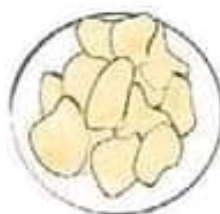
SANDWICH



EGG



BURGER



CHIPS



MEAT



POTATOES



PASTA



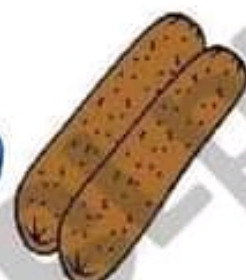
CARROTS



CAKE



BISCUITS



SAUSAGES



RICE



POPCORN



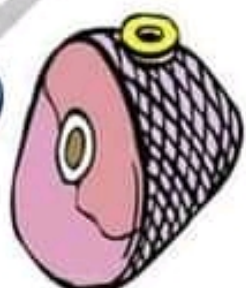
FISH



SALAD



BUTTER



HAM



CUPCAKE



MILKSHAKE

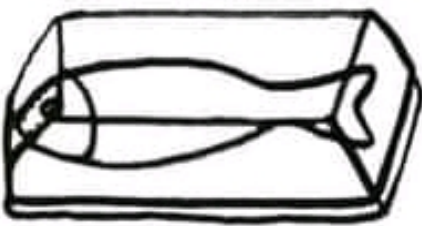
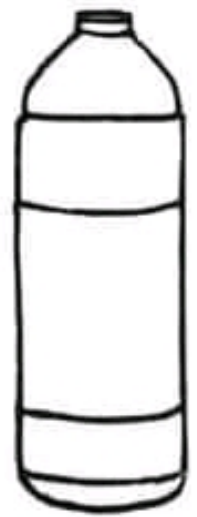
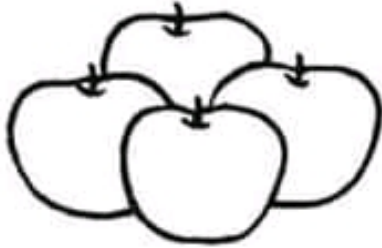
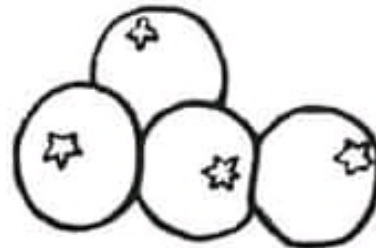
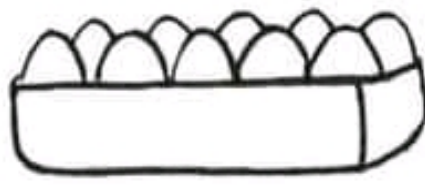


CEREAL

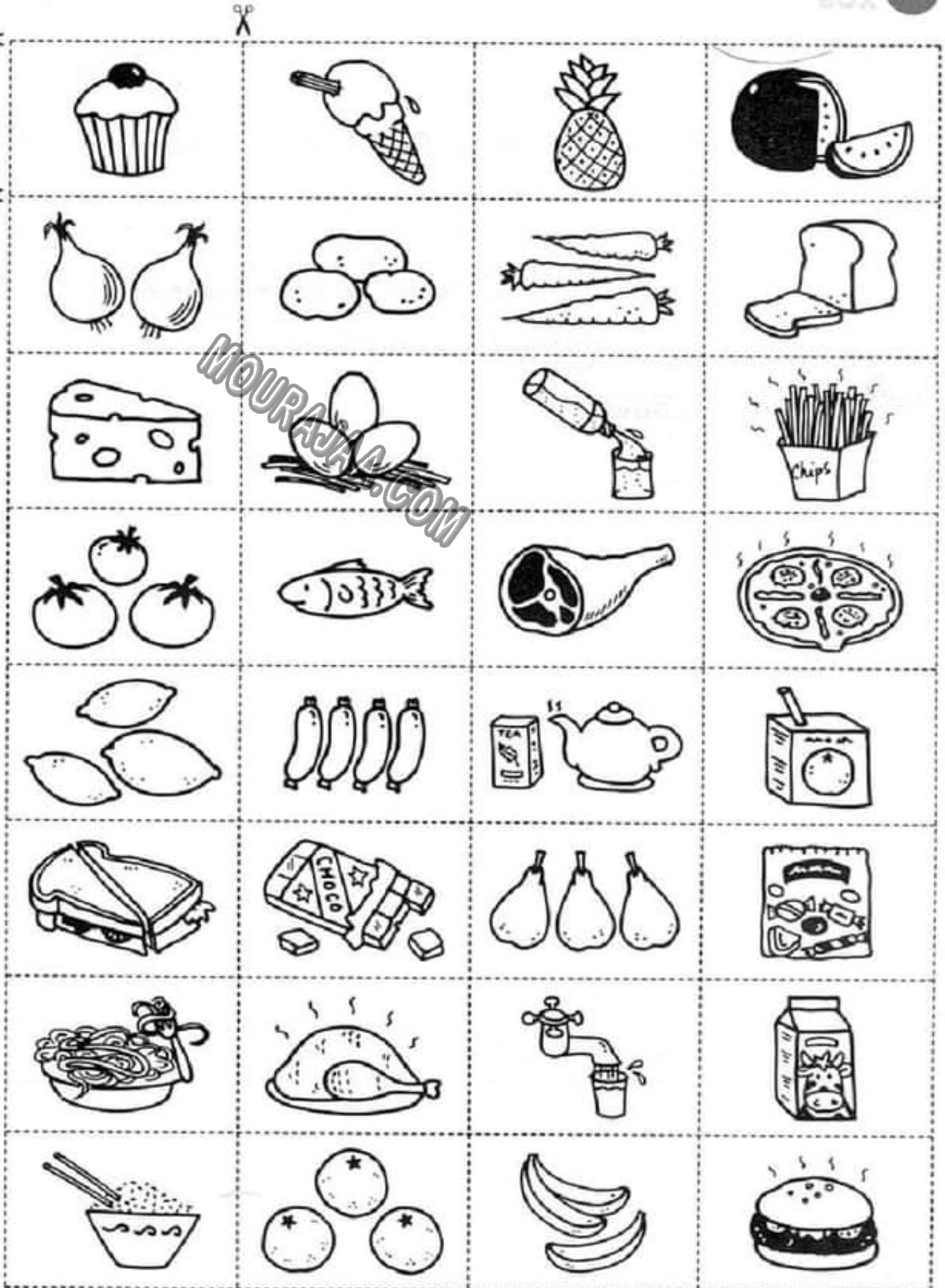


BREAD

Teacher: Ina G.



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salad



sushi



pizza/
a slice of pizza



hamburger/
cheeseburger



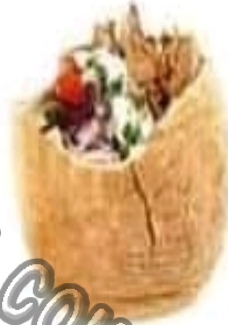
hot dog



chips (GB)/
French fries (US)



Chinese takeaway



gyro/kebab/
Turkish food



sandwich



soup



spaghetti/
pasta



fried fish



baked potato/
jacket potato



fried chicken



ham



roast beef



shrimp/prawn



mussels



ice-cream



pie