



My English Workbook



15 mid-term tests

15 end-year mock exams

Grammar rules

Grammar practice

NEW PROGRAM

EXAMS
6^e



6 th grade	Mock test 3	Chiraze maade
New programme	Mid-term 1	97240542

Mark gets up at twelve o'clock in the morning . He doesn't have breakfast . Mark loves having hamburgers , pizza , crisps and hot dogs for lunch .He always has fizzy drinks like cola .So , there aren't any vegetables or fruits at home .After lunch , he takes the bus and goes to work .At six o'clock , Mark goes to the bus stop and comes back home .He sits on the sofa and watches T.V for three hours . When he is hungry , he eats lots of sweets or chocolate biscuits and he always drinks cola . He usually goes to sleep at midnight because before that he likes to spend hours playing computer games . He always stays at home all day at weekends .

Questions :

1- Choose the title to the text : 1 mark

- a- What an unhealthy lifestyle !
- b- How busy Mark is !
- c- How important exercising is !

2- Read the text and say true or false : 2 marks

a- Mark goes to his work on foot to keep healthy (.....)

.....

b- He goes to bed early to get up early (.....)

.....

3- Read the text again and answer the questions : 1 mark

a- Does Mark skip meals ? if yes which one ?

.....

b- What does he do before going to bed ?

.....

4- Mark has an unhealthy lifestyle .What advice would you give him to care for his health ?

.....

5- Write down sentences from the text about the pictures : 1 mark



Language : 8 marks

1-Complete the paragraph with words from the box below : (there is an extra word) 3 marks

fun - before - healthy - keep - exciting - after - team

My favourite sport is tennis because it is an game . Playing tennis is a bit of because it is a sport . I play it with my friends twice a week . We do many warm-up activities playing it . I sometimes play this sport with my elder brother . We think it's a sport because we can do exercises andour bodies fit , make friends and have fun

2- Choose the right answer : 2.5 marks

Thomas is friendly , (lazy - active - early) and helpful . Thomas' favourite (pastime - free time - spare time) is playing videogames but he enjoys (skate - skating - skater) , too . (In - On - At) the evening , we play videogames but during the day we go to the park to (flies - flying - fly) our kites or go roller skating

3- Match the sentence parts in A with those in B to get complete sentences : 2 marks

A	B
1- You mustn't eat many sweets	a- to feel well.
2- How many meals a day should I have , doctor ?	b- because he is overweight and can't play with us in the playground
3- The teacher always says we must eat vegetables	c- 3 only .
4- Look Peter is always alone	d- because they are bad for your teeth .
	1+.....2+.....3+.....4+.....

Writing :

1- Reorder the words to get meaningful sentences :

a- light - evening - a - In - I - the - meal - have

.....

b- classes - should - take - You - theatre -

.....

c- to - milk - I - grow - need .

.....

d- blanket - sitting - We - on - are - the

.....

2- **topic** : your friend knows the importance of keeping fit . So , she writes a fb post to tell people about her healthy lifestyle . Because you follow her advice you change your habits . write an e-mail to your friend to thank her and share with her your experience and tell her about your new eating habits and lifestyle .

a- thanking for the fb post

b- now you have healthy eating habits : never skip a meal / eat fruit and vegetables regularly / don't eat many sweets / you never have junk food / you make your own pizzas and burgers at home

c- now you have a healthy lifestyle : you go to bed early to wake up early active / never play computer games