

TEST 29

Name:.....

The text:

My name is Jack I am from England. I am a pupil in a primary school. My daily meals are very important for me to keep fit. I have breakfast at 7 a.m. I ride my bike to school and begin my classes. At midday, I have lunch. My mother prepares a healthy lunch box for me, every day. It consists of vegetables, fruits and proteins. At 5 p.m., I go home. I have dinner: a salad and some soup. My sister, however, likes more junk food like pizza and fries. She usually, has a stomachache. The doctor always advises her to change this bad eating habit but in vain. In my free time. I usually practice sports with my peers. But Sandra's favourite activity is playing video games.

Reading comprehension:

1. Write "True" or "false":

Jack eats healthy food.

The mother prepares junk food for her son.

2. Complete the sentences with words from the text:

My sister has a The doctor advises her to eat

3. Answer the following questions.

a. Where does Jack come from?

.....

b. What is Sandra's favourite activity?

.....

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✚ Language :

1. Put the verbs between parentheses in the right tense or form:

This is my brother Mike. He (to be) fit. We sometimes play in the garden.
He likes (to run) He, also, enjoys playing football and riding his bike.
He (to have) two PE sessions a week

2. Complete with the right word from the box: (there is an extra one)

favourite - boring- healthy-riding

Arij is inviting her sister to play outdoors:

- Would you like to play volleyball?
- No, sorry. It is
- What about a bike?
- Good idea! It's my activity

3. Write the opposite of the underlined words:

Sonya must eat more unhealthy food //

My team wins the match //

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✚ Writing:

1. Reorder the words to get meaningful sentences:

season -is - My- winter-favourite

.....

have - I- toothache - a

.....

brush - your -teeth- You - should

.....

late - bed - go - mustn't -You-to

.....

2. Write a 5-sentence paragraph in which you speak about your favourite season and name the activities you like to practice in the season.

TEST 29

✚ Reading comprehension:

1. Write "True" or "false":

Jack eats healthy food. **true**

The mother prepares junk food for her son. **false**

2. Complete the sentences with words from the text:

My sister has a **stomachache** The doctor advises her to eat **healthy food**.

3. Answer the following questions.

a. Where does Jack come from?

Jack is English / Jack comes from England

b. What is Sandra's favourite activity?

Sandra's favourite activity is playing video games.

✚ Language :

1. Put the verbs between parentheses in the right tense or form:

This is my brother Mike. He (to be) **is** fit. We sometimes play in the garden. He likes (to run) **running** He, also, enjoys playing football and riding his bike. He (to have) **has** two PE sessions a week

2. Complete with the right word from the box: (there is an extra one)

favourite - boring- healthy-riding

Arij is inviting her sister to play outdoors:

- Would you like to play volleyball?
- No, sorry. It is **boring**
- What about **riding** a bike?
- Good idea! It's my **favourite** activity

3. Write the opposite of the underlined words:

Sonya must eat more unhealthy food // **less**

My team wins the match // **loses / failed**

✚ Writing:

1. Reorder the words to get meaningful sentences:

season -is - My- winter-favourite

My favourite season is winter.

have - I- toothache - a

I have a toothache.

brush - your -teeth- You - should

You should brush your teeth.

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late - bed - go - mustn't - You-to

You mustn't go to bed late.

2. Write a 5-sentence paragraph in which you speak about your favourite season and name the activities you like to practice in the season.

My favorite season is spring because the weather is pleasant and not too hot or cold. I enjoy seeing flowers bloom and hearing birds sing. It's also a great time to spend outdoors with family and friends. It is the best season for picnics and trips too. Spring makes me feel relaxed and refreshed.

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